ILD Summer 2020:
Courses and more

Institutes for Learning and Development
4 Militia Drive, Suite 20
Lexington, MA 02421
781-861-3711

Look inside for great summer programs including our flagship "Master Your Mind: The SMARTS Way" courses for all grade levels. Learn about our assessment services for children, adolescents, and adults, and summer specialty programs including reading, podcast production, standardized test prep, and more!
Welcome to ILD and ResearchILD
Creating Pathways to Success for All Learners

Co-founded in 1985 by Dr. Lynn Meltzer, ILD is dedicated to transforming the lives of all students, especially those with attention and learning challenges. We translate the research findings from ResearchILD into teaching practices that help students to become strategic learners and to find their unique pathways to success.

ILD Services
- Neuropsychological and Educational Assessments
- Educational Therapy
- Speech, Language and Reading Services
- Executive Function Coaching
- Standardized Test Preparation
- College Essay Writing
- College Prep

ResearchILD
SMARTS CAN IMPACT YOUR CHILD’S LEARNING THIS SUMMER!

SMARTS: ResearchILD’s flagship, research-based, executive function strategy curriculum is the foundation for all of our hands-on summer program offerings, most particularly, for our Master Your Mind courses for students in high school, middle school, and elementary school.

SMARTS is an acronym for Strategies, Motivation, Awareness, Resilience, Talent, and Success—the building blocks for academic and life success. It is currently taught in over one thousand classrooms across the United States and in 17 countries.

Now that you know us, learn more about us!
The Institute for Learning and Development is dedicated to transforming the lives of students with learning and attention differences, one student at a time.

Summer Staff

Donna Kincaid, M.Ed., Assistant Director
Joan Steinberg, M.Ed., Director of Educational Therapy
Wendy Stacey, M.S., Director of Reading and Language
Kathy Button, M.Ed., Educational Specialist
Michael Greschler, Ed.M., Director of SMARTS Program
Shelly Levy, M.S., M.Ed., Educational Specialist
Nancy Trautman, M.A.T., Educational Specialist
Hannah Turner, M.S., CCC-SLP, Educational Specialist
Jenn Williams, M.Ed., Educational Specialist

www.ildlex.org  www.researchild.org  www.smarts-ef.org
Would your child benefit from testing or updated testing?

For over thirty years, our skilled clinicians have evaluated and worked directly with children and adolescents with complex learning profiles including ADHD, executive function difficulties, dyslexia, learning disorders, and speech and language/communication disorders.

At every stage in a student’s life, there are new challenges and obstacles that students with learning and attention differences may face, including:

- Managing homework in middle school
- Increased academic demands in high school
- Juggling extracurricular activities
- Preparing to take standardized exams (SSAT/ISEE, SAT/ACT)
- Time management and study strategies in college

A new or updated evaluation will help you and your child to gain a better understanding of his/her strengths and unique learning profile, and more importantly, to feel empowered to advocate for these learning needs when encountering new challenges.

“Your insight into our daughter and the educational system has made it possible to advocate for her more effectively. Your thoroughness and ability to articulate our daughter’s learning profile and possible approaches within her school environment has been most appreciated.” -Parent of a 9th grade student

For more information on our assessment services, please contact Julie Sayer, M.A.,C.A.G.S., Assistant Director of Assessment and a Licensed School Psychologist: jsayer@ildlex.org

Program Index

Master Your Mind Executive Function Courses  Page 2
- High School
- Middle School
- Elementary School

Splash Into Summer: Read!  Page 3

DIY Podcast Production  Page 3

Summer Bundle Description and Pricing  Page 4-5

College Boot Camp  Page 6

SSAT/ISEE Test Prep  Page 7

ILD Assessment Services  Page 8

Summer Staff List  Page 9

For more information contact:
Donna Kincaid, M.Ed.,
Assistant Director
dkincaid@ildlex.org
781-861-3711 x111

All courses taught at:
ILD Offices
4 Militia Drive, Suite 20 Lexington, MA
Master Your Mind: The SMARTS Way

High school: July 27-31, 9:30-12:00 OR August 10-14, 9:30-12:00
Middle school: July 27-31, 1:00-3:30 OR August 10-14, 1:00-3:30
Elementary school: August 17-20, 10:00-12:00

Master Your Mind the Smarts Way courses offer developmentally appropriate and interactive, hands-on instruction for elementary, middle and high school students in the following executive function areas:

- Self-understanding
- Goal setting
- Time management
- Remembering
- Flexible thinking
- Organization and planning
- Active reading and note-taking
- Studying and test-taking

Students at all levels:

- Have opportunities for modelled instruction, guided practice, and independent practice
- Learn critical strategies that prepare them for school and life
- Leave the course with personalized strategy binders that they can use as a resource when they return to school in the fall.

“Last summer, Master Your Mind provided my son with the focus and organization he needed to prioritize his middle school homework and long-term projects.”
- Parent of 7th grader

FEE: $695 for Middle and High School (Fee includes materials)
Early Bird Special: Register by April 30: $650

FEE: $495 for Elementary School (Fee includes materials)
Early Bird Special: Register by April 30: $450

Contact: Donna Kincaid: dkincaid@ildlex.org

5-Star Test-Taking: SSAT/ISEE

Thursdays from September 19 - December 5, 6:00-7:00pm

Standardized tests are here to stay, so let’s help students optimize their strengths!

In this small class, students will learn five essential strategies to help them navigate safely through the murky waters of standardized testing. Using specific examples from the SSAT/ISEE, participants will practice these strategies and apply them directly to each section of the test.

Students will leave with personalized strategy binders to help them unlock the strategies they need for taking tests.

FEE: $695 (Fee includes materials)
Early Bird Special: Register by April 30: $650
Contact: Wendy Stacey: wstacey@ildlex.org
**College Boot Camp**

For graduated seniors: Tuesday, August 4  4:00-6:00pm

This course provides an opportunity for rising college freshmen to explore a variety of topics that will help them successfully launch into college.

Students will:
- Understand the differences between high school and college
- Reflect on their unique learning strengths and challenges
- Understand the importance of self-disclosure in requesting reasonable accommodations
- Discuss how to choose courses that best match individual learning profiles
- Navigate college websites to learn about available resources and how to access them
- Learn how to unpack a syllabus and discuss time management tips
- Explore potential obstacles and ways to overcome those obstacles

Students are required to bring their own laptop to this class to access their college website and learn about college services and additional resources.

**FEE:** $170 (Fee includes materials)
Contact Donna Kincaid: dkincaid@ildlex.org

Ask for details about personalized follow-up strategy sessions and virtual sessions when students are at school.

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**Make a Splash this Summer: Read!**

**Grades 4-7:** 4 consecutive Tuesdays, July 7,14,21,28
5:00-6:30pm

Through a book-group format, students will:
- Vote on a book for the group to read
- Find out about selected author
- Sharpen key executive function skills
- Learn active reading strategies
- Discover how to make assigned reading manageable
- Explore ways to enjoy reading through fun activities

**FEE:** $345 (Fee includes materials)
Early Bird Special: Register by April 30: $300
Contact: Wendy Stacey: wstacey@ildlex.org

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**DIY Podcast Production**

**Grades 4-7** 4 consecutive Tuesdays, July 7,14,21,28
5:00-6:30pm

In this class, students will use executive function strategies to plan, write, and produce their very own podcast. Working individually or in teams, students will:
- Listen to a variety of podcasts
- Choose topics of interest to them
- Plan their recording
- Write a script
- Produce a podcast using narration, interviews, and sounds

Podcasts will be recorded and shared so that students can add

**FEE:** $495
Early Bird Special: Register by April 30: $450
Contact: Nancy Trautman: ntrautman@ildlex.org
Summer Bundle pricing is back!
Pre-pay and Save on our Educational Services

These strategic skill-building sessions for all ages will enable students to enter the next grade more confident and better prepared. Over the summer, each student will meet with his/her educational therapist one or more times per week for a total of 8-12 sessions. Our specialists are Master’s degree level clinicians who have experience in meeting the needs of students with diverse learning profiles.

Students can learn and practice strategies to improve basic skills and build executive function processes.

- Reading: specialized instruction in decoding, fluency, comprehension, (e.g. OG, Wilson, LiPS, Project Read)
- Writing: structured and/or creative writing
- Math: fill in gaps, fluency, curriculum preview for next year
- Summer course work: reading, projects, research
- Test prep: SAT, ACT, SSAT, ISEE
- College prep: Common App essays, study skills for college
- Executive Function: Time management, organization, test-taking

WHO: For all new and returning students
WHEN: June 22 through Sept. 4, 2020
Flexible scheduling with camps and vacations in mind. Please note: Sessions cannot be extended into the fall.
WHERE: ILD Office, 4 Militia Drive, Suite 20, Lexington, MA

Special summer bundle pricing:
12 sessions for the price of 10 ($1700)
8 sessions for the price of 7 ($1190)

REGISTRATION INFORMATION:
For more information, call Joan Steinberg at 781-861-3711, ext. 110, or email jsteinberg@ildlex.org. Students will be registered on a first come, first served basis.

Educational therapists’ schedules fill up fast, so register early!

“Summer sessions at ILD contributed to my daughter’s overall confidence in dealing with academic challenges in September. The consistent weekly sessions provided a framework for her accountability and ultimately, her success.”

-Parent of 10th grader
College Boot Camp

For graduated seniors: Tuesday, August 4  4:00-6:00pm

This course provides an opportunity for rising college freshmen to explore a variety of topics that will help them successfully launch into college.

Students will:
• Understand the differences between high school and college
• Reflect on their unique learning strengths and challenges
• Understand the importance of self-disclosure in requesting reasonable accommodations
• Discuss how to choose courses that best match individual learning profiles
• Navigate college websites to learn about available resources and how to access them
• Learn how to unpack a syllabus and discuss time management tips
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Students are required to bring their own laptop to this class to access their college website and learn about college services and additional resources.

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Contact: Wendy Stacey: wstacey@ildlex.org

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DIY Podcast Production

Grades 7-8  August 3-7  9:30-11:30 am

In this class, students will use executive function strategies to plan, write, and produce their very own podcast. Working individually or in teams, students will:
• Listen to a variety of podcasts
• Choose topics of interest to them
• Plan their recording
• Write a script
• Produce a podcast using narration, interviews, and sounds

Podcasts will be recorded and shared so that students can add "Created a Podcast" to their list of accomplishments!

FEE: $495
Early Bird Special: Register by April 30: $450
Contact: Nancy Trautman: ntrautman@ildlex.org
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For more information contact: Donna Kincaid, M.Ed., Assistant Director dkincaid@ildlex.org 781-861-3711 x111

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