Open to all parents:
Learn EF strategies to help your child experience less stress and more success!

3rd Annual Executive Function Conference for Parents
Friday, October 25, 8:30am-2:30pm
Hilton Garden Inn, Burlington, MA

Registration: $225 Fee includes a binder of materials, lunch, and parking.

Executive Function through Elementary, Middle, and High School

Lynn Meltzer, Ph.D., Keynote Speaker
President and Director of the
Institutes for Learning and Development

Donna Kincaid, M.Ed., Conference Chair
Assistant Director, Director of Outreach and Training,
Institutes for Learning and Development

Christopher Willard, PSY.D., Guest Presenter
Lecturer in Psychiatry,
Harvard Medical School and author

This conference will support parents’ understanding of:

- How teaching key executive function strategies of goal-setting, planning, prioritizing, time management, self-monitoring and self-checking are critical for independent and successful learners
- How EF weaknesses impact homework and project completion
- How explicit executive function instruction and mindfulness can reduce stress
- Strategies to optimize student success in completing homework, projects and test-taking

For more information and to register:
3rd Annual ResearchILD Executive Function Conference  
October 25, 2019  
Executive Function through Elementary, Middle, and High School: Framing Homework and Project-Based Learning  

8:00-8:30  Registration/Coffee  
8:30-8:45  Welcome and Conference Overview  
8:45-9:45  **Ignite Success and Reduce Stress: EF Strategies that Work!**  
           Lynn Meltzer, Ph.D.  Part 1  
9:45-10:00  Break  
10:00-11:15  Parent Break-out Session 1: **Strategies for Building Bridges from Home to School**  
               Wendy Stacey, M.S.  
11:25-12:15  **Making Mindfulness Stick for Students with Executive Function Challenges**  
             Chris Willard, Psy.D.  
12:15-12:45  Lunch  
12:45-1:00  **A Successful Journey: A Young Professional Shares his Story about his Learning Differences**  
             Chace Nolen, B.A.  
1:00-1:15  Mimi Ballard CANDO Award presented to Rajneet Bajnath,  
          Director of Special Services, Robbinsville School District, Robbinsville, New Jersey  
1:15-2:15  Parent Break-out Session 2:  
          **Less Stress: Strategies for Organization and Time Management**  
          Wendy Stacey, M.S.  
2:15-2:30  Q&A/Wrap-Up  

Thank you to our sponsorship partner for supporting this event.